

# Online Questionnaire: Research on HURS 2023

**Title of Survey:** Progression and Lesson Learned in Promoting ASEAN Healthy Universities Through Strengthening Regional Network and Implementing Framework Initiative

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## **Introduction:**

Thank you for considering participating in our survey. Before you proceed, it is important to understand the purpose, and procedures associated with this study. Please read the information below carefully, and feel free to ask any questions before deciding whether or not to participate.

## **Purpose of the Survey:**

This survey aims to gather information about the facilitators and barriers to implementing a health promotion model for universities participating in the Healthy University Rating System 2023. Your input will help us understand the most important and challenging parts of implementing a health promotion model at your university.

## **Procedures:**

You will be asked to complete an online survey with 15 questions. The survey should take approximately 5 minutes to complete. Your responses will be kept confidential, and the data will be used solely for research purposes.

Your participation will contribute valuable insights to improve the Healthy University Rating System, benefiting your institution and others in the future.

## **Confidentiality:**

All information collected in this survey will be kept confidential. Your responses will be anonymized, and no personally identifiable information will be disclosed.

## **Voluntary Participation:**

Participation in this survey is entirely voluntary. You may choose not to participate or withdraw from the survey at any time without any consequences.

## **Contact Information:**

If you have any questions or concerns about the survey, you may contact the research team at [aunhpn@mahidol.ac.th](mailto:aunhpn@mahidol.ac.th).

**Consent:**

By proceeding with the survey, you indicate that you:

- Have read and understood the information provided.
- Agree to participate voluntarily.
- Consent to the use of your responses for research purposes.

*\* Indicates required question*

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1. Please click '**I Agree**' to proceed with the survey. \*

*Check all that apply.*

I Agree

**Part 1: University Information**

2. **Country** \*

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3. **Name of the University** \*

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4. **Department/Division** \*

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5. **Position** \*

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**Part 2: Perception of the Healthy University Rating System**

6. **What kind of role in the Healthy University Rating System that your university has been assigned you to?** \*

*Mark only one oval.*

- Data Approver
- Data Respondent
- Other: \_\_\_\_\_

7. **Have you ever participated in the Healthy University Rating System Workshop before?** \*

*Mark only one oval.*

- Yes
- No

8. **How familiar are you with the Healthy University Rating System?** \*

*Mark only one oval.*

- Very familiar
- Somewhat familiar
- Somewhat unfamiliar
- Very unfamiliar

9. **How would you rate the importance of the Healthy University Rating System for your institution?** \*

*Mark only one oval.*

- Very important
- Important
- A little Important
- Not at all important

### **Part 3: Systems & Infrastructure**

In this section we will ask you to identify the systems and infrastructure areas that are (1) the most important and (2) the most challenging to address for your university when implementing a health promotion model.

10. Please select the **top three systems and infrastructure areas** that are **most important** to your university in implementing a health promotion model. \*

*Check all that apply.*

- Healthy university policies
- Healthy, clean, and green working environment
- Health promotion services, counseling, and advisory support
- Equal opportunities
- Health promotion curriculum
- Capacity building on health promotion
- Health promotion research
- Volunteer opportunities
- Budgetary support for a healthy university program
- Community engagement on health promotion

11. Please select the **top three systems and infrastructure areas** that are the **most challenging** to address in implementing a health promotion model \*

*Check all that apply.*

- Healthy university policies
- Healthy, clean, and green working environment
- Health promotion services, counseling, and advisory support
- Equal opportunities
- Health promotion curriculum
- Capacity building on health promotion
- Health promotion research
- Volunteer opportunities
- Budgetary support for a healthy university program
- Community engagement on health promotion

#### **Part 4: Zero Tolerance**

In this section we will ask you to identify the zero tolerance areas that are (1) the most important and (2) the most challenging to address for your university when implementing a health promotion model.

12. Please select the **top two zero tolerance areas** that are **most important** to your university in implementing a health promotion model. \*

*Check all that apply.*

- Smoking
- Alcohol consumption
- Illicit drug use
- Gambling
- Violence, bullying, and sexual harassment
- Road safety violations

13. Please select the **top two zero tolerance areas** that are the **most challenging** to address in implementing a health promotion model \*

*Check all that apply.*

- Smoking
- Alcohol consumption
- Illicit drug use
- Gambling
- Violence, bullying, and sexual harassment
- Road safety violations

### **Part 5: Health Promotion**

In this section we will ask you to identify the health promotion areas that are (1) the most important and (2) the most challenging to address for your university when implementing a health promotion model.

14. Please select the **top two health promotion areas** that are **most important** to your university in implementing a health promotion model \*

*Check all that apply.*

- Health literacy
- Mental well-being
- Social interaction
- Physical activity
- Healthy diet
- Safe sexual behavior
- Work-life balance and healthy ageing

15. Please select the **top two health promotion areas** that are the **most challenging** to address in implementing a health promotion model \*

*Check all that apply.*

- Health literacy
- Mental well-being
- Social interaction
- Physical activity
- Healthy diet
- Safe sexual behavior
- Work-life balance and healthy ageing

**Part 6: Additional Feedback**

16. Please let us know if you have any additional feedback on important or challenging health promotion areas or on the HURS evaluation.

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